



BONUS

POD 9

Review

- Your role as guide.
- Conversation with your client on how easy it is to make change.
- That change is a real biological, neurological event.
- Gathering Information in a Session.
- Going through the session to make change.
- What to expect after a session.

In this section we are covering:

- Internal Positioning
- Mother/Father Programs



As the coach you gather information about the client's perception of event's in their life, their responses, and the effect those events have had on her or him.

Filters of Reality are Internal

- The way the client experienced an event and the decision they made about that event, becomes generalized into a belief about how other people and circumstances will respond to them.
- We can identify these decisions by how they act and react in 6 specific structures of belief.

Six Structures of Belief

- ENVIRONMENT
- BEHAVIOR
- CAPABILITY
- BELIEFS AND VALUES
- IDENTITY
- SPIRITUALITY

Childhood Experience – Decision – Belief – Effect in life

- In the following chart we list some of the internal effects above the Decision Point that caused a decision and below the Decision Point is the 6 different areas of life that it effects.
- The f b w for change starts with the decision and is then identified as their belief or program that then is having an effect in their life.

Filters of Experience

Conception -Development In Womb
Welcomed/ Rejected -Inf luences
Experiences/ left out
Training/ Punishment -Support/Denial
Pain/Reward
Health/Illness
Gender -Religion
Birth-Order

Decisio
n

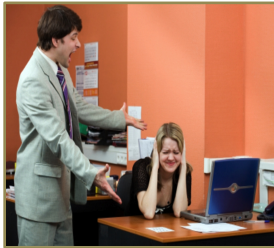
Environment
Behaviors
Beliefs/Values
Capabilities
Identity
Spirituality

Structures of

Beliefs

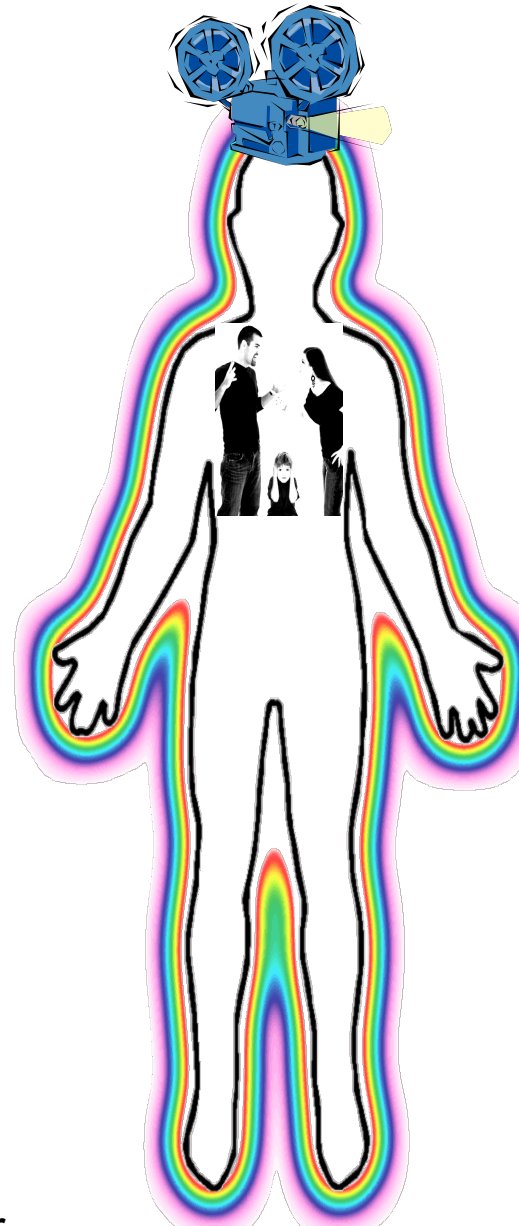


EXPERIENCE
Of Powerlessness
Or Unmet need



History of Similar
Experiences

Projection of Belief



Internal Representation



Present Experiences



When there is a block or limitation it is because the client is frozen in the position of the role they played and the decision they made that is now held as an unconscious belief about life.



Mom and dad are fighting and it feels bad.

Many decisions will be made from this perspective:

- I am bad
- People fight and fighting is normal
- I have to fight to get what I want
- I can't tolerate fighting – I must become the peace keeper.



At the unconscious level we model our fathers behavior in the way we take action or inaction, lead, run a business, and define our abilities, such as success or failure in the outside world. The way we take action is based on our father programs...



And the way we process our emotions, self esteem, worthiness feeling of being loved is based on our mother programs...

If we are raised by
a single parent, then
we take on that
parent's *internal*
representation of
their
mother or father.





We will also unconsciously hold the position of the role we played in the family, i.e.: The Smart One, The Beauty, The Rebel, The Hero, The Little Mom, The Black Sheep, The Peacekeeper, etc.



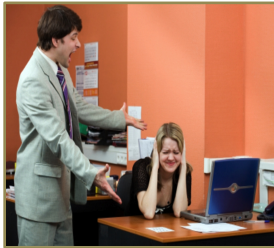
There is also an energetic pattern that is the family system.

And there are rules, habits and protocols that support that

Pattern, which we call a program. This pattern is held in the physical body, including the DNA level.

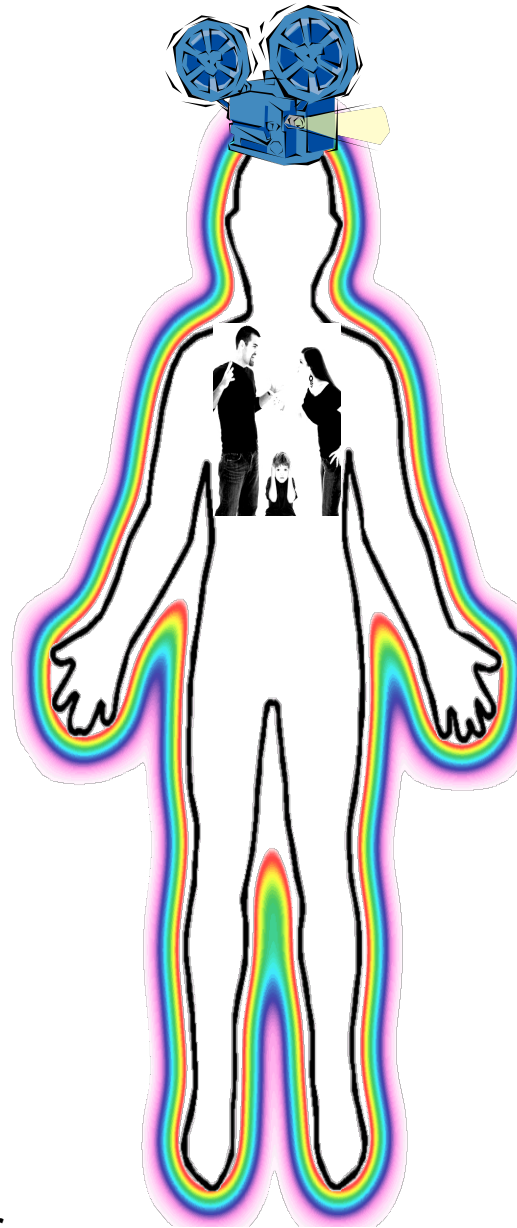


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Present Experiences

Filters of Experience

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I can't
I am a victim

**Decisio
n**

I must - I have to
I have to use
force of will

Environment
Behaviors
Beliefs/Values
Capabilities
Identity
Spirituality

Structures of Belief

Unless the program is
changed, we will swing
emotionally from victim to
force of will.

Filters of Experience

**I can't
I am a victim**

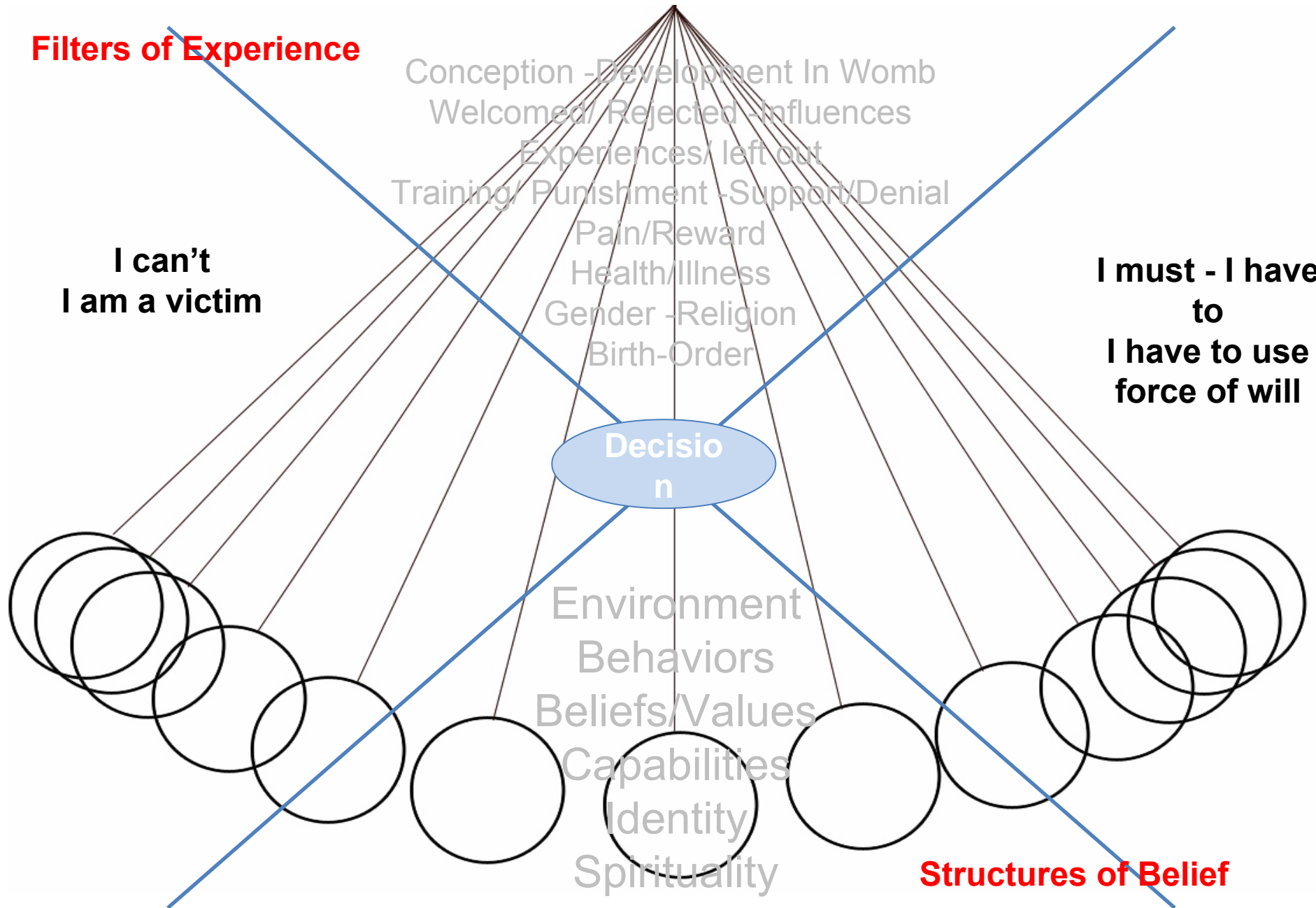
Conception - Development In Womb
Welcomed/ Rejected - Influences
Experiences/ left out
Training/ Punishment - Support/Denial
Pain/Reward
Health/Illness
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Birth-Order

Decision

**I must - I have
to
I have to use
force of will**

Environment
Behaviors
Beliefs/Values
Capabilities
Identity
Spirituality

Structures of Belief



Changing Parent Programs

- You are changing your **idea** of your parents – not your parents.
- You have the right to make change because memory is false in any event.
- You are opening to another idea of life – one that is also within you.
- Your imagination sees this just as real as what you remember (inaccurately).

Identify the new ideas/beliefs

- My mom is openhearted and loving and wants my success.
- My dad is proud of me, tells me he is proud and supports my success.
- My mom praises me.
- My dad has my back.
- **COMMAND IT IS SO!**

Filters of Experience

Conception -Development In Womb
Welcomed/ Rejected -Inf luences
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Victim

Force

Decisio
n

Environment
Behaviors
Beliefs/Values
Capabilities

Structures of Belief



Concepts

Influences

Decision-Making

Training/ Punishment -Support/Denial

Pain/Reward

Health/Illness

Gender -Religion

Birth-Order

Environment

Behaviors

Beliefs/Values

Capabilities

Identity

Spirituality

In Womb
Influences
but



Structures of Belief



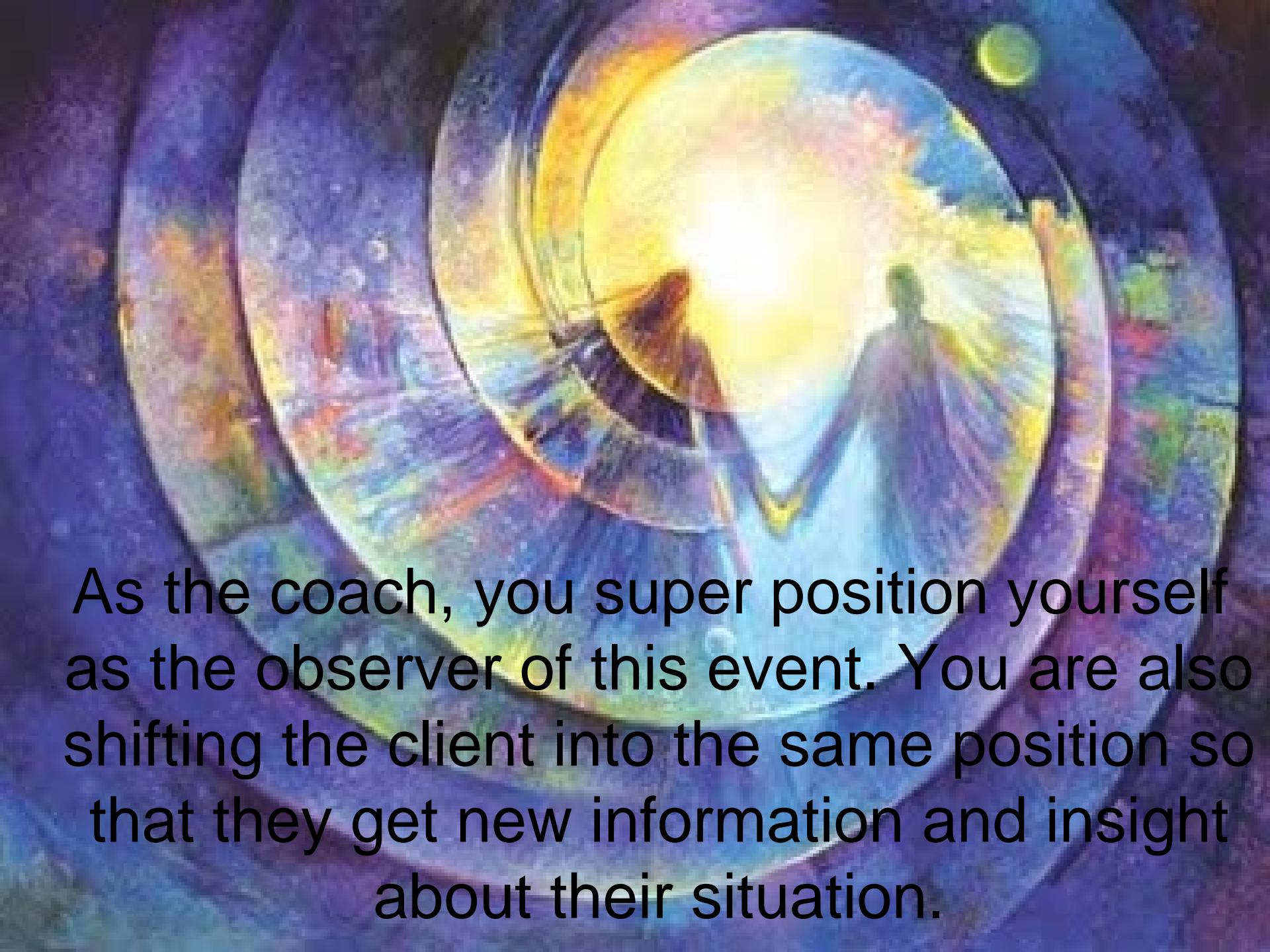
When you shift the inner images of your parents, it neurologically and biologically disengages the old decision which is frozen as a belief - and allows new information, more choices, and a different perspective to become the new filter of reality.

And everything in your life is changed.



When you change the program for the client, it changes the pattern for everyone who shares the DNA and matching energy patterns.

By going into the Theta brain wave and making your Command, you stop the firing of the limited idea (*which was frozen and repeatedly recycled*) - and allow your open potential to arrive.

A painting featuring a central figure in a meditative pose, seated and facing a bright, glowing light source. The figure is surrounded by a series of concentric, swirling bands of color, primarily in shades of blue, purple, and yellow, creating a sense of depth and movement. The overall composition is circular, with the figure and light source at the center, and the swirling bands radiating outwards. The background is a deep, dark blue, suggesting a night sky or a vast, open space. The style is expressive and somewhat abstract, with visible brushstrokes and a rich, textured appearance.

As the coach, you super position yourself as the observer of this event. You are also shifting the client into the same position so that they get new information and insight about their situation.

What is it that you would
like to change in your old
idea of your inner parents?

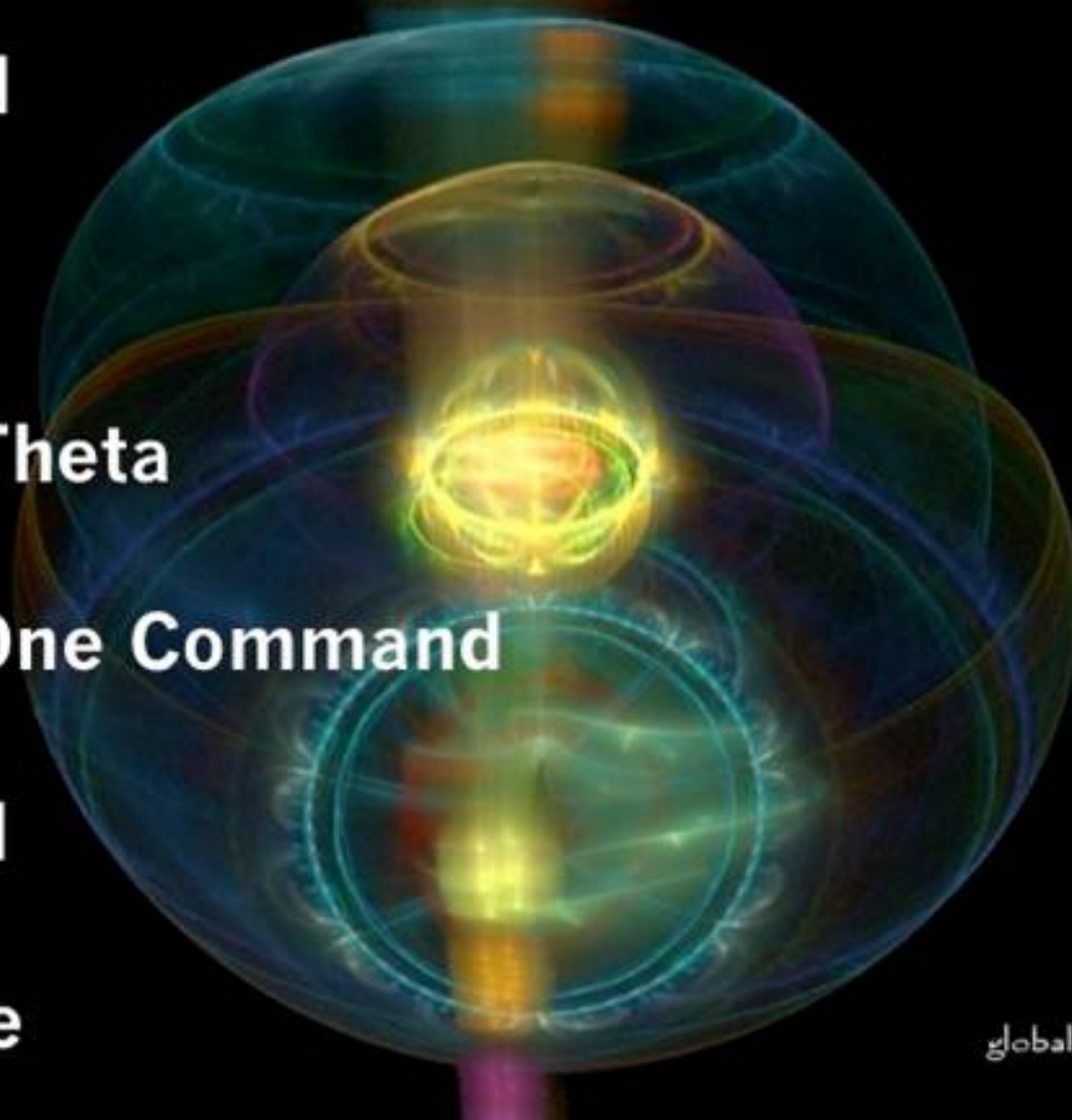
Let us Command....

The One Command

I don't know how I _____,
I only know it is so now
and I am fulfilled!

The Six Steps To Theta

- Ground
- Align
- Go to Theta
- State One Command
- Expand
- Receive



Thank You

For questions or help contact us

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and.com

