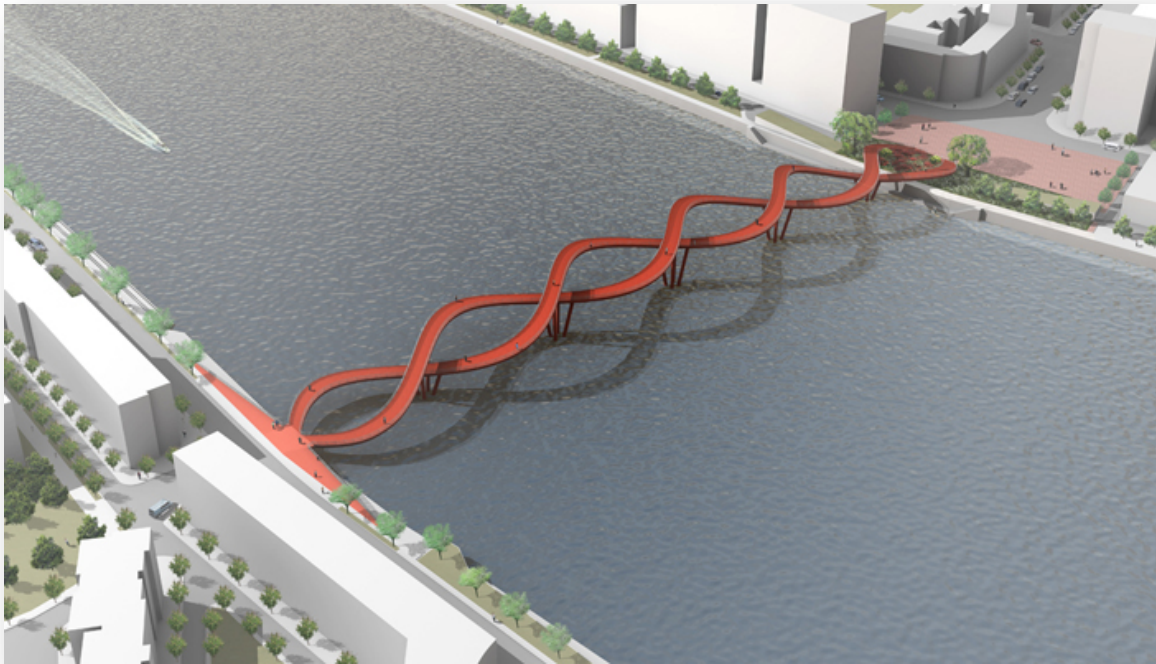


The One Command

**THE ONE COMMAND IS A
NEW KIND
OF BRIDGE TO YOUR
SUCCESS**



The space between is filled with your old programs and fears - UNLESS you are prepared and you allow the void to be filled with your desire!

1: What is your strongest felt desire now to create in your life?

Define it and Command it

2: How strong is your FOUNDATION to realize this desire or dream?

Look at or list what you have to build on in terms of skills and actual structures.

Command for that FOUNDATION

3: What KIND OF REAL SUPPORT and emotional support do you have or do you need (not have yet)?

Command for that real support (people, places and experiences) and emotional support (reframing childhood support issues).

4: How do you SPAN from where you are to where you want to be?

Just hold this idea in your mind and mull it over – what more do I need to increase flexibility, movement, change and implementation?

Some key attitudes:

- **See Opportunities in Every Challenge**
- **Expect some discomfort and being out of your comfort zone**
- **Be willing to do the boring and unpleasant tasks**
- **Commit to taking action**
- **Commit to going the extra mile**