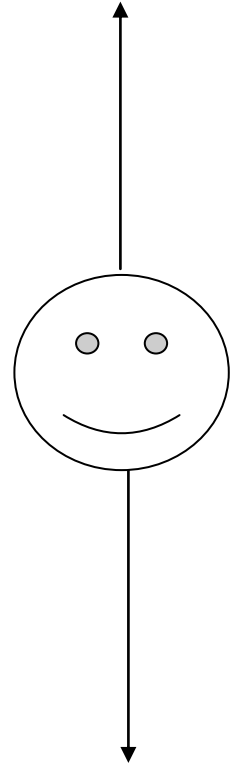
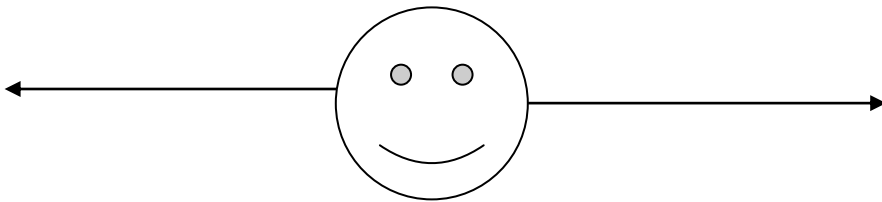


Vertical Relationship vs. Horizontal Relationship With the World

In a horizontal relationship with the world, you are ungrounded and looking OUTSIDE yourself for answers, for someone to blame, and/or for someone to rescue you.

Life is more of a struggle and you find yourself repeating old patterns. You are living with some purpose and some meaning, but something is missing.

This is the merry-go-round to nowhere.



In a vertical relationship with the world, you are grounded and centered. You go within to find your answers and feel empowered to create what you want.

You make new choices and engage in new behaviors. Life just seems to work with greater ease.

You live your life with greater purpose and deeper meaning.